



Welcome!

Thank you for choosing a Petra Cliffs program. Petra Cliffs staff members and guides are working hard to offer the very best in climbing and mountain sports instruction and we look forward to helping you meet your goals.

You will receive an e-mail confirmation for your registered program. Please note that any changes or cancellations to your registration may incur a \$50 administrative fee. If for any reason, you must cancel your registration, you will receive a full refund if cancellation occurs up to seven days prior to the program start date. If cancellation occurs less than seven days before the start of the program, 50% of the payment is refundable, or fully transferable to another program date, minus the administrative fee, if applicable. If you do not show up on the day of the course, full payment will be forfeited. If Petra Cliffs must cancel the program due to lack of enrollment, conditions, or dangerous weather, we will try to re-schedule, or refund your payment in full.

In your e-mailed booking confirmation, please follow the links to complete your Outdoor Waiver and Health History. You will find Winter, Summer and Overnight equipment lists on the following pages. Please do not hesitate to call or e-mail with any questions about your program or equipment. Your guide will be in touch about any specific program details, meeting location and time.

We look forward to meeting you and sharing an outdoor adventure! We hope you have an amazing time and learn more than you expect. Again, thank you for choosing Petra Cliffs.

*A gratuity to your guide at the end of a good day is always appreciated.
See our guide to tipping at www.petracliffs.com/mountaineeringschool/resources*

Petra Cliffs Mountaineering School

105 Briggs Street, Burlington, VT 05401 | (802) 657-3872 | www.petracliffs.com | outdoor@petracliffs.com

Equipment List

Winter Programs

Dressing for winter activities can be tricky. If you dress too warmly, you sweat. If you dress too lightly, you freeze. Dressing in layers that can be quickly added or taken off is important. ***Please do not wear cotton*** as it loses its insulating value if it gets wet. Petra Cliffs will provide all group gear and technical equipment (boots, ice axes, crampons, harness, helmet, ropes, beacon, shovel, probe). Please feel free to ask ahead of time about the clothing layers you are choosing and how they will perform.

Day Trips

- Backpack*: large enough to fit extra layers, food, water, and a bit of extra room for gear
***May be rented at no charge**
- Synthetic or wool long underwear top and bottom (base layer)
- Wool or fleece sweater or light insulating jacket (insulating layer)
- Breathable, waterproof jacket and pants (outer layer)
- Down or synthetic parka (if you own one, this is a superb layer to put on when you are not active)
- Medium to heavy weight wool or fleece socks (bring options if you are using our boots)
- Gloves: 2 or more pairs is ideal: 1-2 pairs of warm, waterproof ice/ski gloves, 1 pair of warm, waterproof mittens
- Wool or fleece hat (that will fit under a helmet—no balls on top!)
- Balaclava or neck warmer
- Sunglasses
- Lunch with extra snacks (think about food that won't freeze—pb & j, leftover pizza are classic)
- Insulated water bottles (an extra wool sock is a good insulator), 1-2 Liters total

Optional but recommended:

- Thermos with a hot beverage or soup
- Gaiters* (should fit around entire calf and be able to fit over a plastic ice climbing boot including your pant layers) *** May be rented at no charge**
- Headlamp
- Camera
- Hand/Foot warmers

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Summer Programs

Summer in New England can mean 40 degrees in the morning shade and 80 degrees in the afternoon sun! Dressing in layers that can be quickly added or taken off is important. Please avoid wearing cotton as it loses its insulating value if it gets wet. We provide all group gear and technical equipment (harnesses, helmet, shoes, chalk, ropes). As always, if you own any gear, you are more than welcome to use that provided it is in good working condition.

Day Trips

- Backpack*: large enough to fit extra layers, food, water, and a bit of extra room for gear
- Durable shoes: sneakers or hiking boots (no flip flops or open toes)
- Synthetic layers of clothing (non-cotton)
- Rain jacket and (optional) rain pants
- Sunglasses and/or sun hat
- Two 1-Liter water bottles or equivalent
- Lunch w/ extra snacks
- Personal gear if you own any (climbing harness, shoes, helmet, etc)

Over-Night Trips

- All the above (except day pack)
- Backpack (4000-6000 Cubic inches) **
- Full-length sleeping pad (closed cell foam or Therma-rest)**
- Sleeping bag**
- 2 pairs extra socks
- Camp mug/ bowl/ spoon
- Headlamp w/ extra batteries*
- Personal needs (toothbrush, etc.)
- Extra snack/ lunch food

*Can be borrowed from Petra Cliffs at no additional charge

** Can be rented from Petra Cliffs

All items are available on a first come, first served basis. Please reserve them early!

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