

## Testimonials

Bolton Adventure Center  
[www.boltonadventurecenter.com](http://www.boltonadventurecenter.com)  
A part of the Petra Cliffs Group  
Burlington, Vermont  
1-877-65-PETRA  
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BAC – great staff, great equipment, great challenges, and great fun!

Thirty-six teens from our church Youth Group had a great experience of personal growth and group building at The Bolton Adventure Center in early July to kickoff a full week of adventure in Vermont. The day spent with Matt, Mark, and Corey at BAC was fun and challenging. These three leaders were competent, confident and very professional.

The morning started with a variety of great games to see how well our young people could play together, listen, and follow directions. The games were great fun!

Before lunch the group moved to a set of initiatives that challenged their ability to think and work together to complete the tasks they faced. With the encouragement of the BAC staff, group members avoided “the poison peanut butter” and all the other obstacles that stood between them and success. Completing these initiatives gave our teens a positive sense of accomplishment.

The morning fun was a great introduction to the “high ropes” initiatives that the group tackled in the afternoon. Snuggled into their safety harnesses, the teens climbed high into the air to test their abilities and to overcome their fears. Trusting their peers at the other end of the rope to keep them safe, the teens’ confidence soared as they each pushed themselves to attempt things they had never attempted before. “Challenge by choice” was the key phrase of the day, but none of the teens passed on any of the challenges the watchful BAC staff set before them.

The day spent at BAC was a day of personal growth for each one of our teens. They gained self-confidence. They grew in their ability to think, play, and work together. They learned the importance of communication, encouragement, and trust. They were surprised by their own abilities and by the abilities of their peers. Our teens will never forget their experience at the Bolton Adventure Center.

I highly recommend The Bolton Adventure Center and the other activities offered by the Petra Cliffs Group. During our week of adventure we also had the opportunity to go rock climbing at the base of the mountain and at the indoor climbing center in Burlington. Our teens also loved that experience. Steve, who supervised the outdoor rock climbing, was “the man” according to the teens. The staff of the indoor climbing center were also great!

**Rev. Terry O. Martinson, Pastor**  
Old South Union Church  
S. Weymouth, MA